24 September, 2021

Cloudbridge Covid-19 policy

Cloudbridge is fundamentally committed to the safety and wellness of all who work and study here. We are united in protecting our community and the surrounding community by working together to support a culture of mutual care.

All interns, volunteers and staff are required to confirm their vaccination status prior to arrival. Effective 24 September, 2021 everyone joining the Cloudbridge community (living in the dorms) must provide proof of complete vaccination of a WHO approved Covid-19 vaccine. Residents of the dorms will effectively form a “bubble,” with very limited contact with people and objects outside of their bubble. This will allow them to safely interact among themselves with minimal precautions.

A negative Covid-19 test, taken after travelling to Southern Costa Rica, will be required for participants to enter the bubble. If possible, participants should take an additional test before travelling. For participants travelling from places where self-administered Covid-19 tests are readily available, we encourage them to bring at least 2 or 3 of these tests for their own use. If participants can bring another 3 or 4 tests for Cloudbridge to have on hand, they would be reimbursed, and it would be much appreciated.

It is worth noting, that all members of the bubble will be fully vaccinated, but that other people on the Cloudbridge Reserve may not be fully vaccinated, or are otherwise not part of the “bubble”. For people who are not part of the bubble, access to the classroom, kitchens and other areas will be highly restricted. For such people, protocols such as hand-washing, masks, maintaining distance and remaining in well-ventilated areas will apply AT ALL TIMES.

When out in town bubble participants may dine with other members of the bubble, outside or in a well ventilated area and distanced from other people. Participants should use their discretion and not enter restaurants that are more than 50% full.
Staff, visitors and contractors will be required to wear approved masks in all indoor spaces. Masks are also required in outdoor spaces off Cloudbridge property if more than 20 people are present.

Indoor spaces include:
- washrooms
- Classroom
- Kitchens
- Welcome Center
- In a vehicle with other persons, including cars, vans, and buses. In Costa Rica, all public transportation requires masking.

Dorm rooms with more than two occupants should maintain open windows for ventilation.

All persons shall complete a daily health check including a temperature check. Any person exhibiting symptoms consistent with the COVID-19 virus should self-quarantine at an available Casita or down the road in Cabinas Nasua, notify their supervisor, and consult with a healthcare provider.

Symptoms consistent with COVID-19 include:

- Fever (> 100.3 F.) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Individuals who have left the Reserve overnight will be housed separately in one of our Casitas or in Cabinas Nasua (at their expense) until a negative test result is obtained.

Cloudbridge is highly visible in the community and we expect that everyone connected will respect the intent of the policy and demonstrate leadership by being a positive role model for public health & safety.